



PATHWAY INFORMATION

SCHOOL & CLUB NOMINATIONS

LEAD CONTACTS (DPP): LEWIS SONES (HERTS), ANDY DAWLING (KENT) AND JOE CLARKE (ESSEX)

Name and purpose of level:

Schools and Clubs from across the Saracens region nominate players they feel have the potential to progress through the Saracens Academy player pathway

/ Age Groupings

U13-U15

/ Nominated players will be invited to assessment days which will provide the players with an opportunity to showcase their ability over several sessions

/ This part of the programme is managed by the DPP leads at each of the respective county DPP programmes - Angela Clifford, Dan Webb and Maureen Nay

DPP

LEAD CONTACTS: LEWIS SONES (HERTS), ANDY DAWLING (KENT) AND JOE CLARKE (ESSEX)

Name and purpose of level:

Developing Player Pathway. The purpose of this level is to provide the first Saracens rugby opportunity to the players aged 13-15, and to identify those players with the greatest potential to enter the pathway towards the professional game and England"

/ Age Groupings

U13- U15

/ Content of programme

Players are exposed to Rugby, S&C, Lifetime session and festivals. Explore the Saracens core values. What do the words mean and look like in behaviours.

/ Contact time

One a month

CB PDG (HERTS, ESSEX AND KENT)

LEAD COACHES: LEWIS SONES (HERTS), ANDY DAWLING (KENT) AND JOE CLARKE (ESSEX)

Name and purpose of level:

To increase contact time for players athletic development. Help build a more robust selection process into the Saracens EPDG.

/ Age Groupings

U14 - U15

HONESTY | DISCIPLINE | WORK RATE | HUMILITY





/ Content of programme

Players are exposed to rugby, Multi sports and S&C.

/ Contact time

2 sessions a month in the counties

U15 EPDG

MIKE HYNARD LEADS THE COACHING SUPPORTED BY ANDY DAWLING, CHRIS BAJAK, MATT DAVIES:

Name and purpose of level:

Explore: 'Finding your way and installing good foundation'

Elite Player Development Group. The purpose of this level is to help identify and facilitate the development of players aged 15-18, who have shown the behaviours and characteristics to become future Saracens players.

/ Age Groupings

U15

/ Content of programme

Coaching principles of the game and values through game play and technical breakouts. Around these sessions meeting that will include educational seminars, social capital exercises etc. Alongside training there will be competition opportunities.

/ Contact time

Rugby sessions are weekly at Allianz Park and daytime sessions in school holidays. Players are also invited to Performance Centres on a Thursday night.

U16 EPDG

ANDY DAWLING LEADS THE COACHING SUPPORTED BY CHRIS BAJAK, JAMES TIRRELL MATT DAVIES AND MIKE HYNARD

Name and purpose of level:

Discover: 'Discovering the Saracens way while reinforcing the basics of the game and our values'

Elite Player Development Group. The purpose of this level is to help identify and facilitate the development of players aged 15-16, who have shown the behaviours and characteristics to become future Saracens players.

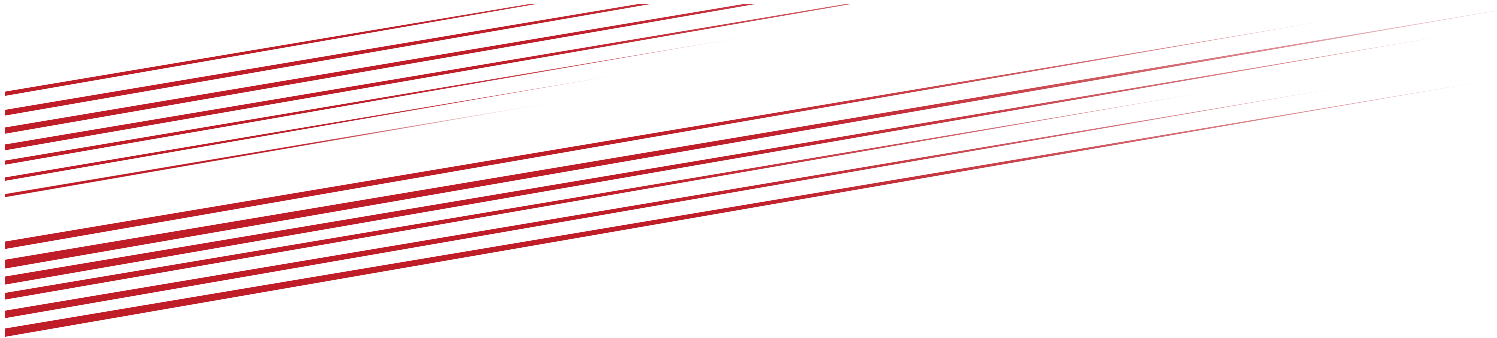
/ Content of programme

Coaching focuses on the core skills of the game. We also further discover the meaning of the club's core values and what they look like in different environments. To help reinforce and support learning we surround these sessions with an introduction to video analysis, presentation and social capital exercises.

/ Contact time

HONESTY | DISCIPLINE | WORK RATE | HUMILITY





Rugby sessions are weekly at Allianz Park and daytime sessions in school holidays. Players are also invited to Performance Centres on a Thursday night.

U18 EPDG

JAMES TIRRELL SUPPORTED BY KELLY BROWN AND MIKE HYNARD

Name and purpose of level:

Adapt: 'Build a TACTICAL group that can ADAPT to win the battles'

The purpose of this level is to help identify and facilitate the development of players aged 15-18, who have shown the behaviours and characteristics to become future Saracens players. The challenge is for these players to "Apply" these behaviours consistently on and off the rugby pitch.

/ Content of programme

Coaching each aspect of the game, values and the Saracens way through game play and technical breakouts. To help reinforce and support learning we surround these sessions with video analysis, presentation and social capital exercises.

/ Contact time

Rugby sessions are weekly at Allianz Park and daytime sessions in school holidays. Players are also invited to Performance Centres on a Thursday night.

APPRENTICESHIP / UNIVERSITY PROGRAMME FOR PLAYERS THAT SHOW THE POTENTIAL TO PROGRESS INTO THE SARACENS SENIOR ACADEMY

MIKE HYNARD LEADS THE COACHING, SUPPORTED BY KELLY BROWN

Apprenticeship / University programme:

Provides opportunities for late developers and front 5 players to fully develop physically as well as technically and tactically whilst studying. Players will also develop a better understanding of the Saracens Way and learn to consistently apply the core values of the club both on and off the field.

/ Age Groupings

18-22 year olds

/ Content of programme

This programme will enable players to develop their strength & conditioning, technical and tactical rugby skills alongside the most appropriate higher education courses for the individual. Each player will be provided with an IDP and a competition plan to help ensure they maximise their potential. They will play at the most appropriate level which may include: Saracens Storm, University, Championship or National League Club rugby

/ Contact time

The training schedule will be dependent on academic course requirements but players will train at Saracens whenever possible around their education / vocational training

HONESTY | DISCIPLINE | WORK RATE | HUMILITY





SENIOR ACADEMY CONTRACTED PLAYERS. FULLY INTEGRATED INTO SENIOR SQUAD TRAINING TO ASSIST THEIR TRANSITION INTO 1XV

ADAM POWELL ACADEMY TRANSITION COACH, SUPPORTED BY KELLY BROWN.

Name and purpose of level:

“Finishing School”: The purpose of this level is to provide players with an opportunity to train with and alongside the senior squad. There is an emphasis to drive the standards and behaviours of the players to ensure they are equipped to become the standard bearers and guardians of the culture in the future.

/ Age Groupings

18-24 Years old

/ Each Player will receive an IDP incorporating technical, tactical, physical and lifestyle skill development. Players will play for the Storm in Premiership Shield and Premiership Cup competitions and possibly on loan at Championship and National League clubs.

/ The players will train according to the senior training schedule and should expect to be in training most days from 7am – 3pm.

1st XV 57% OF PLAYERS IN THE SENIOR SQUAD ARE SARAGENS ACADEMY GRADUATES

HONESTY | DISCIPLINE | WORK RATE | HUMILITY





SARACENS PATHWAY

